Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Morning Activities** Good Morning Welcome **10:30am: Catholic Mass in AL** Spiritual Reflections Rise & Shine Stretching **Afternoon Programs** Whiteboard Fun This Week in History Top10 Answers Tabletop Games Sunday Movie Matinee Daylight Saving Time Ends	**2** **Morning Activities** Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia **Afternoon Programs** **1:30pm: Catholic Mass in AL** **2:30pm: Create with Karin** Good Old Days Sing Along Aromatherapy & Relaxation	**3** **Morning Activities** Coffee & Golden Giggle Hour Move & Groove Exercises Nature Connections Joggin' Your Noggin **Afternoon Programs** You Be The Judge Where in The World? Candy Tasting Social Evening Reflections	**4** **Morning Activities** Rise & Shine Coffee Hour Body Building Exercises Group Game Challenge Brain Training Trivia **Afternoon Programs** **1:30pm: Mindfulness with Cheryl** Who? What? Where? When? Sweet Treat Social Bingo Hour Relax & Unwind	**5** **Morning Activities** Coffee & Donuts Social Rhythmic Exercises Picture This! Word Games **Afternoon Programs** Let's Make a List **2:30pm: Dance with Magi** Classic Sitcom Hour Nail Painting Party Quiet Moments	**6** **Morning Activities** Daily Warm Up & Coffee Chat Active Circle Games Functional Exercises TV Quiz Show Game **Afternoon Programs** Whiteboard Fun Sing Along Songs Bingo Party The Comfort Corner	**7** **Morning Activities** Weekend Welcome Coffee Chat Stretch & Smile Sensory Exploration Story Share **Afternoon Programs** Weekend Movie Matinee Let's Make a List Crafting Corner Guided Meditation
8 **Morning Activities** Good Morning Welcome **10:30am: Catholic Mass in AL** Spiritual Reflections Rise & Shine Stretching **Afternoon Programs** Whiteboard Fun This Week in History Top10 Answers Tabletop Games Sunday Movie Matinee Diwali (Hindi)	**9** **Morning Activities** Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia **Afternoon Programs** **1:30pm: Communion Svc.** **2:30pm: Yoga with Karin** Good Old Days Sing Along Aromatherapy & Relaxation	**10** **Morning Activities** Coffee & Golden Giggle Hour Move & Groove Exercises Nature Connections Joggin' Your Noggin **Afternoon Programs** You Be The Judge Where in The World? Food Tasting Social Evening Reflections	**11** **Morning Activities** Rise & Shine Coffee Hour Body Building Exercises Group Game Challenge **Veteran's Luncheon** **Afternoon Programs** Who? What? Where? When? **2:30pm: Yoga with Cheryl** Sweet Treat Social Bingo Hour Relax & Unwind Veterans Day Remembrance Day (Canada)	**12** **Morning Activities** Coffee & Donuts Social Rhythmic Exercises Picture This! Word Games **Afternoon Programs** Let's Make a List **2:30pm: Dance with Magi** Classic Sitcom Hour Nail Painting Party Quiet Moments	**13** **Morning Activities** Daily Warm Up & Coffee Chat Active Circle Games Functional Exercises TV Quiz Show Game **Afternoon Programs** **1pm: Music by Lou B.** Whiteboard Fun Bingo Party The Comfort Corner	**14** **Morning Activities** Weekend Welcome Coffee Chat Stretch & Smile Sensory Exploration Story Share **Afternoon Programs** Weekend Movie Matinee Let's Make a List of Kindness Crafting Corner Guided Meditation
15 **Morning Activities** Good Morning Welcome **10:30am: Catholic Mass in AL** Spiritual Reflections Rise & Shine Stretching **Afternoon Programs** Whiteboard Fun This Week in History Top10 Answers Tabletop Games Sunday Movie Matinee	**16** **Morning Activities** Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia **Afternoon Programs** **1:30pm: Communion Svc.** **2:30pm: Create with Karin** Good Old Days Sing Along Aromatherapy & Relaxation	**17** **Morning Activities** Coffee & Golden Giggle Hour Move & Groove Exercises Nature Connections Joggin' Your Noggin **Afternoon Programs** You Be The Judge Mickey Mouse B-Day Party Food Tasting Social Evening Reflections	**18** **Morning Activities** Rise & Shine Coffee Hour Body Building Exercises Group Game Challenge **11am: Flower Arranging** **Afternoon Programs** **1:30pm: Mindfulness with Cheryl** Who? What? Where? When? Sweet Treat Social Bingo Hour Relax & Unwind	**19** **Morning Activities** Coffee & Donuts Social Rhythmic Exercises Picture This! Word Games **Afternoon Programs** Let's Make a List **2:30pm: Dance with Magi** Classic Sitcom Hour Nail Painting Party Quiet Moments	**20** **Morning Activities** Daily Warm Up & Coffee Chat Active Circle Games Functional Exercises **11am: Music by Mike Folk** **Afternoon Programs** TV Quiz Show Game Whiteboard Fun Bingo Party The Comfort Corner	**21** **Morning Activities** Weekend Welcome Coffee Chat Stretch & Smile Sensory Exploration Story Share **Afternoon Programs** Weekend Movie Matinee Let's Make a List Crafting Corner Guided Meditation
22 **Morning Activities** Good Morning Welcome **10:30am: Catholic Mass in AL** Spiritual Reflections Rise & Shine Stretching **Afternoon Programs** Whiteboard Fun This Week in History Top10 Answers Tabletop Games Sunday Movie Matinee	**23** **Morning Activities** Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia **Afternoon Programs** **1:30pm: Communion Svc.** **2:30pm: Yoga with Karin** Good Old Days Sing Along Aromatherapy & Relaxation	**24** **Morning Activities** Coffee & Golden Giggle Hour Move & Groove Exercises Nature Connections Joggin' Your Noggin **Afternoon Programs** **1:30pm: Dance with Magi** Where in The World? High Tea & Hats Social Evening Reflections	**25** **Morning Activities** Rise & Shine Coffee Hour Body Building Exercises Group Game Challenge Brain Training Trivia **11:30am: Lunch Outing** **Afternoon Programs** Who? What? Where? When? **2:30pm: Cheryl** Sweet Treat Social Bingo Hour Relax & Unwind	**26** **Morning Activities** **8am: 100th Annual Macy's Thanksgiving Day Parade** Coffee & Gratitude Social Picture This! Word Game **Afternoon Programs** Let's Make a List 2026 National Dog Show Thanksgiving Trivia Turkey Bingo Quiet Moments Thanksgiving Day (U.S.)	**27** **Morning Activities** Daily Warm Up & Coffee Chat Active Circle Games Functional Exercises **11am: Music by Frankie M.** **Afternoon Programs** TV Quiz Show Game Whiteboard Fun Bingo Party The Comfort Corner	**28** **Morning Activities** Weekend Welcome Coffee Chat Stretch & Smile Sensory Exploration Story Share **Afternoon Programs** Weekend Movie Matinee Let's Make a List Crafting Corner Guided Meditation
29 **Morning Activities** Good Morning Welcome **10:30am: Catholic Mass in AL** Spiritual Reflections Rise & Shine Stretching **Afternoon Programs** Whiteboard Fun This Week in History Top10 Answers Tabletop Games Sunday Movie Matinee	**30** **Morning Activities** Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia **Afternoon Programs** **1:30pm: Communion Svc.** **2:30pm: Create with Karin** Good Old Days Sing Along Aromatherapy & Relaxation					

November 2026

Recollections Neighborhood



***Please note all activities are subject to change. *Sensory Programs & Room Visits are provided daily. • Sunnyside Manor•2500 Ridgewood Rd, Wall, NJ 07719•**