

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AM Activities 1 Morning Mo-Town Music Move & Groove Exercise Group April Fools' Morning Sillies PM Highlights Word Game Fun 2:30pm: Yoga with Karin Classic Movie Matinee <small>All Fools' Day</small>	AM Activities 2 Tranquil Sounds & Sunshine Upper Body Stretches & Deep Breathing Daily Discussion PM Highlights Afternoon Exercise Group Armchair Travel to Scotland Traditional Music of Scotland & Puzzles	AM Activities 3 Happy Morning Hoopla Strength & Fitness Daily Discussion PM Highlights 1:30pm: Yoga with Cheryl Classical Music with Arts & Crafts Evening Wind Down	AM Activities 4 Good Mood Boosting Beats Chair Cardio Exercises Daily Discussion PM Highlights 1:30pm: Dance with Magi Floor Game Fun Classic Game Shows	AM Activities 5 Early Bird Cheer Daily Kick Start Exercises Daily Discussion PM Highlights 2pm: Pinnacle Fitness Class Tabletop Games Suzie's Homemade Treats Calming Serenity	AM Activities 6 Weekend Wake-Up with Show Tunes Exercise with Kristina Daily Discussion PM Highlights Saturday Matinee Movie Movie Concessions Sunnyside Spa Moments
AM Activities 7 Spiritual Moments & Sing Along Morning Stretches Daily Discussion PM Highlights Afternoon Exercises Bingo Mania Soothing Moments	AM Activities 8 Morning Mo-Town Music Move & Groove Exercise Group Daily Discussion PM Highlights 1:30pm: Communion with Father Bill Solar Eclipse Watch 2pm-4pm 2:30pm: Yoga with Karin Classic Movie Matinee	AM Activities 9 Tranquil Sounds & Sunshine 11am: Yoga with Kate Daily Discussion PM Highlights Afternoon Exercise Group Armchair Travel to the Sahara Desert Traditional Music of Africa & Puzzles	AM Activities 10 Happy Morning Hoopla Strength & Fitness Daily Discussion PM Highlights 1:30pm: Yoga with Cheryl Classical Music with Arts & Crafts 3:30pm: Music by the Doo-Wop Guys Evening Wind Down	AM Activities 11 Good Mood Boosting Beats Chair Cardio Exercises Daily Discussion PM Highlights 1:30pm: Dance with Magi Floor Game Fun Classic Game Shows	AM Activities 12 Early Bird Cheer Daily Kick Start Exercises Lunch Outing PM Highlights 2pm: Pinnacle Fitness Class Tabletop Games Suzie's Homemade Treats Calming Serenity	AM Activities 13 Weekend Wake-Up with Show Tunes Exercise with Kristina Daily Discussion PM Highlights Saturday Matinee Movie Movie Concessions Sunnyside Spa Moments
AM Activities 14 Spiritual Moments & Sing Along Morning Stretches Daily Discussion PM Highlights Afternoon Exercises Bingo Mania Soothing Moments	AM Activities 15 Morning Mo-Town Music Move & Groove Exercise Group 11am: Music by Keith Franklin PM Highlights Word Game Fun 2:30pm: Yoga with Karin Classic Movie Matinee	AM Activities 16 Tranquil Sounds & Sunshine Upper Body Stretches & Deep Breathing Daily Discussion PM Highlights Afternoon Exercise Group 2pm: Music by Mark Miklos Armchair Travel to Key West, Fla Traditional Music of The Islands & Puzzles	AM Activities 17 Happy Morning Hoopla Strength & Fitness Daily Discussion PM Highlights 2pm: Yoga with Cheryl Classical Music with Arts & Crafts Evening Wind Down	AM Activities 18 Good Mood Boosting Beats Chair Cardio Exercises 11am: Music by Ken Johnstone PM Highlights Floor Game Fun 2:30pm: Dance with Magi Casino Game Fun	AM Activities 19 Early Bird Cheer Daily Kick Start Exercises Daily Discussion PM Highlights 2pm: Pinnacle Fitness Class Tabletop Games Suzie's Homemade Treats Calming Serenity	AM Activities 20 Weekend Wake-Up with Show Tunes Exercise with Kristina Daily Discussion PM Highlights Saturday Matinee Movie Movie Concessions Sunnyside Spa Moments
AM Activities 21 Spiritual Moments & Sing Along Morning Stretches Daily Discussion PM Highlights Afternoon Exercises Bingo Mania Soothing Moments	AM Activities 22 Morning Mo-Town Music Move & Groove Exercise Group Daily Discussion PM Highlights Earth Day Fun 2:30pm: Yoga with Karin Classic Movie Matinee <small>Passover Begins Earth Day</small>	AM Activities 23 Tranquil Sounds & Sunshine 11am: Yoga with Kate Daily Discussion PM Highlights Afternoon Exercise Group Armchair Travel to Ontario Traditional Music of The Islands & Puzzles	Shannon: 12-8 AM Activities 24 Happy Morning Hoopla Strength & Fitness Daily Discussion PM Highlights 1:30pm: Yoga with Cheryl Classical Music with Arts & Crafts 3pm: Music by Guy & Grace Evening Wind Down Administrative Professionals Day	AM Activities 25 Good Mood Boosting Beats Chair Cardio Exercises Daily Discussion PM Highlights 1:30pm: Dance with Magi Floor Game Fun Classic Game Shows	AM Activities 26 Early Bird Cheer Daily Kick Start Exercises 11am: Music by John Heiserman PM Highlights 2pm: Pinnacle Fitness Class Arbor Day Celebration Suzie's Homemade Treats Calming Serenity <small>Arbor Day</small>	AM Activities 27 Weekend Wake-Up with Show Tunes Exercise with Kristina Daily Discussion PM Highlights Saturday Matinee Movie Movie Concessions Sunnyside Spa Moments
AM Activities 28 Spiritual Moments & Sing Along Morning Stretches Daily Discussion PM Highlights Afternoon Exercises Bingo Mania Soothing Moments	AM Activities 29 Morning Mo-Town Music Move & Groove Exercise Group 11am: Music by Angela PM Highlights Word Game Fun 2:30pm: Yoga with Karin Classic Movie Matinee	AM Activities 30 Tranquil Sounds & Sunshine Upper Body Stretches & Deep Breathing Daily Discussion PM Highlights Afternoon Exercise Group Armchair Travel to Barcelona Traditional Music of Spain & Puzzles	<h1 style="font-size: 4em; color: #4F81BD;">April 2024</h1> <h2 style="font-size: 3em; color: #4F81BD;">Recollections Neighborhood</h2>			