

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2024

<p>AM Activities Worship Interludes Mind & Body Wellness Sensory Group Daily Chronicle This Day in History What did you do? PM Highlights Gentle Stretches Bingo & Treats Sensory Group Do The Chicken Dance Soothing Stillness</p> <p>6</p>	<p>AM Activities Smooth Instrumentals Mind & Body Wellness Sensory Group Daily Chronicle This Day in History What Matters Most PM Highlights 1:30pm: Mass with Father Bill Black Cat Trivia 2:30pm: Yoga with Karin Sensory Group Fun Facts about Candy Corn Meditative Moments</p> <p>7</p>	<p>AM Activities Tranquil Soul Mind & Body Wellness Sensory Group Daily Chronicle This Day in History Postwar America PM Highlights Move & Groove Exercise Building a Scarecrow Sensory Group Bingo Evening Wind Down</p> <p>1</p>	<p>AM Activities Ambient Beats Mind & Body Wellness Sensory Group Daily Chronicle This Day in History Comic Strip Guess Who? PM Highlights 1:30pm: Yoga with Cheryl Sensory Group America's Funniest Videos State Fair Food Peaceful Mantras Rosh Hashanah Begins</p> <p>2</p>	<p>AM Activities Positive Vibrations Mind & Body Wellness Daily Chronicle This Day in History Life in the 1950's PM Highlights 1:30pm: Dance with Magi Sensory Group Rosh Hashanah Apple Celebration Meaningful Connections Reminiscing Group Moments of Serenity</p> <p>3</p>	<p>AM Activities Healing Frequencies Mind & Body Wellness Sensory Group Daily Chronicle Today in History Favorite Animals of All Time PM Highlights Smiley Balloon Sticks 2pm: Suzie's Homemade Treats 2:30pm: Pinnacle Fitness Class Sensory Group Picture Discuss Loving Gratitude</p> <p>4</p>	<p>AM Activities Celestial Flow Mind & Body Wellness Sensory Group Daily Chronicle This Day in History Fall Memories PM Highlights Pool Noodle Exercises Sensory Group Sunnyside Spa & Manicure Classic Movie & Concessions Blissful Mantras</p> <p>5</p>
<p>AM Activities Worship Interludes Mind & Body Wellness Sensory Group Daily Chronicle This Day in History What did you do? PM Highlights Gentle Stretches Bingo & Treats Sensory Group Do The Chicken Dance Soothing Stillness</p> <p>6</p>	<p>AM Activities Smooth Instrumentals Mind & Body Wellness Sensory Group Daily Chronicle This Day in History What Matters Most PM Highlights 1:30pm: Mass with Father Bill Black Cat Trivia 2:30pm: Yoga with Karin Sensory Group Fun Facts about Candy Corn Meditative Moments</p> <p>7</p>	<p>AM Activities Tranquil Soul Mind & Body Wellness Sensory Group Daily Chronicle This Day in History Favorite Children's Books PM Highlights Move & Groove Exercise Pipe Cleaner Skeleton Craft Sensory Bingo Evening Wind Down</p> <p>8</p>	<p>AM Activities Ambient Beats Mind & Body Wellness Sensory Group Daily Chronicle This Day in History Spinning Top Challenge PM Highlights 1:30pm: Yoga with Cheryl Sensory Group The Alphabet Game Peaceful Mantras</p> <p>9</p>	<p>AM Activities Positive Vibrations Mind & Body Wellness Daily Chronicle Sensory Group This Day in History What's in Your Purse/Wallet? PM Highlights 1:30pm: Dance with Magi Sensory Group Halloween Painting Reminiscing Costumes Moments of Serenity</p> <p>10</p>	<p>AM Activities Healing Frequencies Mind & Body Wellness Sensory Group Daily Chronicle Today in History Lunch Trip PM Highlights Beachball Hula Hoop 2pm: Pinnacle Fitness Class 3pm: Music by Jerry Costaldo Picture Discuss Loving Gratitude Yom Kippur Begins</p> <p>11</p>	<p>AM Activities Celestial Flow Mind & Body Wellness Sensory Group Daily Chronicle This Day in History Things Learned on the Farm PM Highlights Scarf Exercises Sunnyside Spa & Manicure Sensory Group Classic Movie & Concessions Blissful Mantras</p> <p>12</p>
<p>AM Activities Worship Interludes Mind & Body Wellness Sensory Group Daily Chronicle This Day in History M&M Trivia PM Highlights Gentle Stretches Bingo & Treats Sensory Group Halloween Candy Sorting Soothing Stillness</p> <p>13</p>	<p>AM Activities Smooth Instrumentals Mind & Body Wellness Daily Chronicle Sensory Group 11am: Music by Chuck B. PM Highlights Seated Dance Moves 2pm: Create with Karin Columbus Day Facts Meditative Moments Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</p> <p>14</p>	<p>AM Activities Tranquil Soul Mind & Body Wellness Sensory Group Daily Chronicle This Day in History 11am: Music by Mark M. PM Highlights Move & Groove Exercise Pumpkin Painting Sensory Group Bingo Evening Wind Down</p> <p>15</p>	<p>AM Activities Ambient Beats Mind & Body Wellness Sensory Group Daily Chronicle This Day in History Favorite Foods of Autumn PM Highlights Halloween Word Scramble Sensory Group Guess the Flavor 2:30pm: Yoga with Cheryl Peaceful Mantras Sukkot Begins</p> <p>16</p>	<p>AM Activities Positive Vibrations Mind & Body Wellness Daily Chronicle Sensory Group This Day in History Balloon Volley PM Highlights 1:30pm: Dance with Magi Sensory Group Cupcake Liner Spider Craft Reminiscing Famous Paintings Moments of Serenity</p> <p>17</p>	<p>AM Activities Healing Frequencies Mind & Body Wellness Sensory Group Daily Chronicle Today in History 11am: Music by John Heisermann PM Highlights Rock n' Roll Party 2pm: Pinnacle Fitness Class Sensory Group 3pm: Suzie's Homemade Treats Picture Discuss Loving Gratitude</p> <p>18</p>	<p>AM Activities Celestial Flow Mind & Body Wellness Sensory Group Daily Chronicle This Day in History Who was your first sweetie? PM Highlights Ball Exercises Sensory Group Sunnyside Spa & Manicure Classic Movie & Concessions Blissful Mantras</p> <p>19</p>
<p>AM Activities Worship Interludes Mind & Body Wellness Sensory Group Daily Chronicle This Day in History Bible Stories PM Highlights Gentle Stretches Bingo & Treats Sensory Group Beautiful Landmarks Soothing Stillness</p> <p>20</p>	<p>AM Activities Smooth Instrumentals Mind & Body Wellness Sensory Group Daily Chronicle This Day in History Famous Toe Tappers PM Highlights 1:30pm: Music by Bobby Knee Sensory Group 2:30pm: Yoga with Karin Pumpkin Ring Toss Meditative Moments</p> <p>21</p>	<p>AM Activities Tranquil Soul Mind & Body Wellness Sensory Group Daily Chronicle This Day in History America's Sweethearts PM Highlights Move & Groove Exercise 2pm: Music by Zack Sensory Group Bingo Evening Wind Down</p> <p>22</p>	<p>AM Activities Ambient Beats Mind & Body Wellness Sensory Group Daily Chronicle Funny Moments in History PM Highlights Visits with Finley 1:30pm: Yoga with Cheryl Sensory Group The Tonight Show Reminiscing Chocolate Candy Tasting Peaceful Mantras</p> <p>23</p>	<p>AM Activities Positive Vibrations Mind & Body Wellness Daily Chronicle Sensory Group This Day in History Countries We Love PM Highlights 1:30pm: Dance with Magi Sensory Group Reminiscing Niagara Falls Cookie Challenge Moments of Serenity Simchat Torah Begins</p> <p>24</p>	<p>AM Activities Healing Frequencies Mind & Body Wellness 10:30am: Music by Angela Sensory Group Daily Chronicle Today in History PM Highlights Seated Dance Moves 2pm: Suzie's Homemade Treats Sensory Group 3pm: Pinnacle Fitness Class Famous Halloween Characters Loving Gratitude</p> <p>25</p>	<p>AM Activities Celestial Flow Mind & Body Wellness Sensory Group Daily Chronicle This Day in History Pumpkin Balloons PM Highlights Streamer Exercises Sunnyside Spa & Manicure Sensory Group Classic Movie & Concessions Blissful Mantras</p> <p>26</p>
<p>AM Activities Worship Interludes Mind & Body Wellness Sensory Group Daily Chronicle This Day in History Crazy Things your Mother In-Law Says PM Highlights Gentle Stretches Bingo & Treats Sensory Group Witches Hats Soothing Stillness</p> <p>27</p>	<p>AM Activities Smooth Instrumentals Mind & Body Wellness 10:30am: Music by Sgt. Frank Sensory Group Daily Chronicle This Day in History PM Highlights Seated Dance Moves Sensory Group 2:30pm: Yoga with Karin Halloween Puppets Meditative Moments</p> <p>28</p>	<p>AM Activities Tranquil Soul Mind & Body Wellness Sensory Group Daily Chronicle This Day in History Vaudeville Stars PM Highlights Move & Groove Exercise Halloween Door Décor Sensory Group Bingo Evening Wind Down</p> <p>29</p>	<p>AM Activities Ambient Beats Mind & Body Wellness Sensory Group Daily Chronicle This Day in History All Saints Day PM Highlights 1:30pm: Yoga with Cheryl Sensory Group Spooky Story Creative Writing Tale of The Headless Horseman Peaceful Mantras</p> <p>30</p>	<p>AM Activities Positive Vibrations Mind & Body Wellness Daily Chronicle Sensory Group This Day in History Would You Rather? PM Highlights 1:30pm: Dance with Magi Sensory Group Reminiscing Trick or Treating Halloween Celebration Moments of Serenity Halloween</p> <p>31</p>	<p>Recollections</p> 	

•Sunnyside Manor•2500 Ridgewood Rd, Wall, NJ 07719•

*Please note all activities are subject to change