

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
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|  <p>Morning Activities 7 Good Morning Welcome Spiritual Reflections Rise & Shine Stretching Afternoon Programs Whiteboard Fun This Week in History Top10 Answers Creative Corner Sunday Movie Matinee</p> | <p>Morning Activities 1 Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia Afternoon Programs 1:30 Communion with Father Bill Active Group Game 2:30pm: Yoga with Karin Good Old Days Sing Along Aromatherapy & Relaxation</p> | <p>Morning Activities 2 Coffee & Golden Giggle Hour Move & Groove Exercises Group Game Challenge Joggin' Your Noggin Afternoon Programs You Be The Judge Snack Social Reminiscing & Story Circle Crafting Corner Evening Reflections</p> | <p>Morning Activities 3 Rise & Shine Coffee Hour Gentle Body Building Exercises Nature Connections Brain Training Trivia Afternoon Programs 2:30pm: Mindfulness with Cheryl Who? What? Where? When? Afternoon Sweet Tea Social Historical Figures Relax & Unwind</p> | <p>Morning Activities 4 Coffee & Donuts Social Rhythmic Exercises Picture This! Word Games Afternoon Programs Let's Make a List 2:30pm: Dance with Magi Nail Painting Party Nick at Night Café Quiet Moments</p> | <p>Morning Activities 5 Daily Warm Up & Coffee Chat Active Circle Games Walking Club Whiteboard Fun Afternoon Programs 1pm: Music by Jerry Costaldo Armchair Travel Match Game Bingo Karaoke Sing Along The Comfort Corner</p> | <p>Morning Activities 6 Weekend Welcome Coffee Chat Stretch & Smile Sensory Exploration Story Share Afternoon Programs Weekend Movie Matinee Let's Make a List Community Connections Guided Meditation</p> | |
| <p>Morning Activities 7 Good Morning Welcome 10:30am: Catholic Mass in AL Spiritual Reflections Rise & Shine Stretching Afternoon Programs Whiteboard Fun This Week in History Top10 Answers Creative Corner Sunday Movie Matinee</p> | <p>Morning Activities 8 Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia Afternoon Programs Active Group Game 2:30pm: Create with Karin Good Old Days Sing Along Aromatherapy & Relaxation</p> | <p>Morning Activities 9 Coffee & Golden Giggle Hour Move & Groove Exercises Group Game Challenge 11am: Music by John Heiserman Afternoon Programs You Be The Judge Snack Social Reminiscing & Story Circle Crafting Corner Evening Reflections</p> | <p>Morning Activities 10 Rise & Shine Coffee Hour Gentle Body Building Exercises Nature Connections Brain Training Trivia 11:30am: Lunch Outing Afternoon Programs 1:30pm: Music by Ken Johnstone 2:30pm: Mindfulness with Cheryl Who? What? Where? When? Afternoon Lemonade Social Relax & Unwind</p> | <p>Morning Activities 11 Coffee & Donuts Social Rhythmic Exercises Picture This! Word Games Afternoon Programs Let's Make a List 2:30pm: Dance with Magi Nail Painting Party Nick at Night Café Quiet Moments</p> | <p>Morning Activities 12 Daily Warm Up & Coffee Chat Active Circle Games Walking Club Whiteboard Fun Afternoon Programs 1pm: Music by Lou B. Armchair Travel Match Game Bingo Karaoke Sing Along The Comfort Corner</p> | <p>Morning Activities 13 Weekend Welcome Coffee Chat Stretch & Smile Sensory Exploration Story Share Afternoon Programs Weekend Movie Matinee Let's Make a List Community Connections Guided Meditation 4pm: Catholic Mass in AL</p> | |
| <p>Morning Activities 14 Good Morning Welcome Spiritual Reflections Rise & Shine Stretching Afternoon Programs Sunnyside Manor's Annual Family Picnic featuring Macaroni Anne Cheeze, The Laurence Haber Collective, Pony Rides, and Petting Zoo Sunday Movie Matinee Flag Day (U.S.)</p> | <p>Morning Activities 15 Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia Afternoon Programs Active Group Game 2:30pm: Yoga with Karin Root Beer Floats & Good Old Days Sing Along Aromatherapy & Relaxation</p> | <p>Morning Activities 16 Coffee & Golden Giggle Hour Move & Groove Exercises Group Game Challenge Joggin' Your Noggin Afternoon Programs You Be The Judge Snack Social Reminiscing & Story Circle Crafting Corner Evening Reflections</p> | <p>Morning Activities 17 Rise & Shine Coffee Hour Gentle Body Building Exercises Nature Connections Brain Training Trivia Afternoon Programs 2:30pm: Mindfulness with Cheryl Who? What? Where? When? Afternoon Sweet Tea Social Historical Figures Relax & Unwind</p> | <p>Morning Activities 18 Coffee & Donuts Social Rhythmic Exercises Picture This! Word Games Afternoon Programs Let's Make a List 2:30pm: Dance with Magi Nail Painting Party Nick at Night Café Quiet Moments</p> | <p>Morning Activities 19 Daily Warm Up & Coffee Chat Active Circle Games Walking Club Whiteboard Fun Afternoon Programs Armchair Travel Match Game Bingo Karaoke Sing Along The Comfort Corner Juneteenth</p> | <p>Morning Activities 20 Weekend Welcome Coffee Chat Stretch & Smile Sensory Exploration Story Share Afternoon Programs Weekend Movie Matinee Let's Make a List Community Connections Guided Meditation 4pm: Catholic Mass in AL</p> | |
| <p>Morning Activities 21 Donuts with Dads Spiritual Reflections Rise & Shine Stretching Longest Day Pizza Party Afternoon Programs Whiteboard Fun This Week in History Top10 Famous Dad's Creative Corner Sunday Movie Matinee Father's Day Summer Begins</p> | <p>Morning Activities 22 Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia Afternoon Programs Active Group Game 2:30pm: Create with Karin Good Old Days Sing Along Aromatherapy & Relaxation</p> | <p>Morning Activities 23 Coffee & Golden Giggle Hour Move & Groove Exercises Group Game Challenge Joggin' Your Noggin Afternoon Programs You Be The Judge Snack Social Reminiscing & Story Circle Crafting Corner Evening Reflections</p> | <p>Morning Activities 24 Rise & Shine Coffee Hour Gentle Body Building Exercises Nature Connections Brain Training Trivia Afternoon Programs 2:30pm: Mindfulness with Cheryl Who? What? Where? When? Afternoon Lemonade Social Historical Figures Relax & Unwind</p> | <p>Morning Activities 25 Coffee & Donuts Social Rhythmic Exercises Picture This! Word Games Afternoon Programs Let's Make a List 2:30pm: Dance with Magi Nail Painting Party Nick at Night Café Quiet Moments</p> | <p>Morning Activities 26 Daily Warm Up & Coffee Chat Active Circle Games Walking Club Whiteboard Fun Afternoon Programs Armchair Travel Match Game Bingo Karaoke Sing Along The Comfort Corner</p> | <p>Morning Activities 27 Weekend Welcome Coffee Chat Stretch & Smile Sensory Exploration Story Share Afternoon Programs Weekend Movie Matinee Let's Make a List Community Connections Guided Meditation</p> | |
| <p>Morning Activities 28 Good Morning Welcome 10:30am: Catholic Mass in AL Spiritual Reflections Rise & Shine Stretching Afternoon Programs Whiteboard Fun This Week in History Top10 Answers Creative Corner Sunday Movie Matinee</p> | <p>Morning Activities 29 Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia Afternoon Programs Active Group Game 2:30pm: Yoga with Karin Good Old Days Sing Along Aromatherapy & Relaxation</p> | <p>Morning Activities 30 Coffee & Golden Giggle Hour Move & Groove Exercises Group Game Challenge 11am: Music by Guy & Grace Afternoon Programs You Be The Judge Snack Social Reminiscing & Story Circle Crafting Corner Evening Reflections</p> | <p><i>Sunnyside Manor</i> June 2026 Recollections</p> | | |  | |

*Please note all activities are subject to change. *Sensory Programs & Room Visits are provided daily. • Sunnyside Manor•2500 Ridgewood Rd, Wall, NJ 07719•