

# SUNNYSIDE MANOR SENIOR LIVING

# SUNNYSIDE TIMES

News & Information from Around the Community

2500 Ridgewood Road • Wall NJ 07719 • 1-888-316-6967

## Honoring Old Glory

In 1916, President Woodrow Wilson officially established June 14 as Flag Day. It honors the day in 1777 when the first version of the flag, featuring 13 stars and 13 stripes, was adopted as the nation's official flag.

## Freedom for All

On Friday, June 19, we honor Juneteenth, commemorating the full enforcement of the Emancipation Proclamation on June 19, 1865, freeing all enslaved people. In the words of activist Fannie Lou Hamer, "Nobody's free until everybody's free."

## Take a Meditation Break

You can't take years off your age, but you may be able to take years off your brain age. What's the secret? Some say it's practicing meditation. One research study showed that the physical appearance of meditators' brains appeared to be about seven years younger than those who didn't meditate. Scientists have observed that small bouts of consistent meditation, 10-15 minutes a day, can improve cognitive abilities.

## Fifty Years of Fever

In 1976, journalist Nik Cohn published an article about the teenage New Yorkers who ditched their blue-collar daily worries for weekly disco dance-offs. Cohn's piece was a hit, and it inspired the classic film "Saturday Night Fever" (1977) just a year later, which Cohn helped write. In the 1990s, Cohn admitted that he made up much of the article, in no small part because magazine journalism of the day blurred the lines between fact and fiction.

June 2026



## Father's Day Is June 21

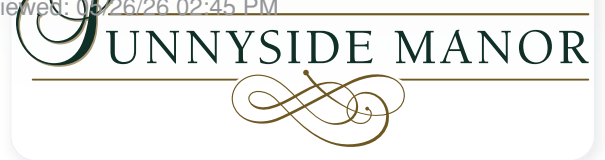
The third Sunday in June is Father's Day. Show your gratitude for the dads in your life with a card, gift, visit or phone call.

## Playgrounds Made for Seniors

Playgrounds aren't just for kids anymore. Multigenerational play spaces are becoming more common, giving older adults a place to work out, walk, swing and simply have fun. Already popular in Asia and Europe, the trend is spreading across the U.S. with several companies building the outdoor facilities, which are designed with low-impact exercise equipment that promotes flexibility, balance and coordination. The fitness parks also serve as social hubs for seniors.

## Summer Solstice


Sunday, June 21, is the summer solstice, the longest day of the year.



# June 2026

- LO Lobby
- CR Club Room
- CY Courtyard
- LR Living Room
- AT Atrium
- ST Studio
- PO Porch
- TR Traveling
- GS Gift Shop
- TV Channel 6-3

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

	<p style="text-align: center;">1</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Pinnacle Fitness Class</b>          11:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> The Crochet Club          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch  <b>2:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Catholic Mass with Father Bill</b>          3:30 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Left, Right, Center Happy Hour          6:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Monday Night Jeopardy with Sandi</p>	<p style="text-align: center;">2</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation          11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Functional Fitness          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games: Group Crossword          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          2:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Let's Create! Arts &amp; Crafts Social          3:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Balloon Volleyball Challenge          6:30 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Night Owl Prize Bingo</p>	<p style="text-align: center;">3</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Yoga with Cheryl</b>  <b>11:30 <span style="background-color: #000080; color: white; padding: 2px;">LO</span> Lunch Outing with The Culinary Cruiser</b>          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          1:30 <span style="background-color: #90EE90; color: white; padding: 2px;">TR</span> Room Visits with The Wandering Wagon          2:00 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Golden Age Comedy Hour: That Girl          3:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Bean Bag Toss Tournament          6:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Concerts &amp; Cordials: Barry Manilow Live</p>	<p style="text-align: center;">4</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>11:00 <span style="background-color: #000080; color: white; padding: 2px;">AT</span> Meditation Yoga with Magi</b>          11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Video Fitness Fun          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch  <b>2:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Resident Council Meeting</b>          3:30 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Sweet Treat Bingo          6:30 <span style="background-color: #008000; color: white; padding: 2px;">CY</span> Lemonade and Games on the Patio</p>	<p style="text-align: center;">5</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>10:30 <span style="background-color: #000080; color: white; padding: 2px;">LO</span> Resident Choice Trip</b>          11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Morning Motion          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games: Whiteboard Fun          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          2:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Nail Polish Painting Party          2:00 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Weekly Documentary Series: The Secret Life of Cruise Ships  <b>3:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Happy Hour with Entertainment by Jerry C</b></p>	<p style="text-align: center;">6</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation          11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Walking Club with the Sunshine Strollers          11:00 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Wellness Workout Video          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          1:30 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Weekend Movie Premiere          2:30 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Regular Bingo Hour  <b>5:00 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> The Belmont Stakes</b></p>
<p style="text-align: center;">7</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More  <b>10:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Catholic Mass with Father Brennan</b>          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games: Wacky Words          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          2:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Walking Club with the Sunshine Strollers          3:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Sunday Bingo Marathon          3:30 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Sunday Movie Matinee</p>	<p style="text-align: center;">8</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Pinnacle Fitness Class</b>          11:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> The Crochet Club          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch  <b>2:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> St. Denis Communion Services</b>          3:30 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Uno Happy Hour</p>	<p style="text-align: center;">9</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation          11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Functional Fitness          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games: Word In a Word          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          2:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Let's Create! Arts &amp; Crafts Social  <b>3:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Happy Hour with Musical Guest John Heiserman</b>          6:30 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Night Owl Prize Bingo</p>	<p style="text-align: center;">10</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Yoga with Cheryl</b>  <b>11:30 <span style="background-color: #000080; color: white; padding: 2px;">LO</span> Lunch Outing with The Culinary Cruiser</b>          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          1:30 <span style="background-color: #90EE90; color: white; padding: 2px;">TR</span> Room Visits with The Wandering Wagon          2:00 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Golden Age Comedy Hour: Three's Company  <b>3:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Happy Hour with Entertainment by Ken</b>          6:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Concerts &amp; Cordials: Tony Bennett &amp; Lady Gaga</p>	<p style="text-align: center;">11</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>11:00 <span style="background-color: #000080; color: white; padding: 2px;">AT</span> Meditation Yoga with Magi</b>          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games  <b>12:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> The Red Hat Society Luncheon</b>          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch  <b>2:30 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Men's Club Social</b>          3:30 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Sweet Treat Bingo          6:30 <span style="background-color: #008000; color: white; padding: 2px;">CY</span> Lemonade and Games on the Patio</p>	<p style="text-align: center;">12</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>10:30 <span style="background-color: #000080; color: white; padding: 2px;">LO</span> Resident Choice Trip</b>          11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Morning Motion          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games: Word Games          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          1:30 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Nail Polish Painting Party  <b>2:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Greg Caggiano, Historian</b>  <b>4:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Happy Hour with Musical Guest Lou B</b></p>	<p style="text-align: center;">13</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation          11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Walking Club with the Sunshine Strollers          11:00 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Wellness Workout Video          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          1:30 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Weekend Movie Premiere          2:30 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Bingo Extravaganza  <b>4:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Catholic Mass with Farther Brennan</b></p>
<p style="text-align: center;">14</p> <p><b>Flag Day</b>          10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More  <b>12:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Annual BBQ with Entertainment by Laurence Haber Collective</b>          3:30 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Sunday Movie Matinee          4:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Sunday Bingo Marathon</p>	<p style="text-align: center;">15</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Pinnacle Fitness Class</b>          11:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> The Crochet Club          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch  <b>2:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> St. Denis Communion Services</b>  <b>3:30 <span style="background-color: #008000; color: white; padding: 2px;">CY</span> Yard Games &amp; Soda Floats with the Girl Scouts</b>          6:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Monday Night Jeopardy with Sandi</p>	<p style="text-align: center;">16</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation          11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Functional Fitness          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games: Group Crossword          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          2:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Let's Create! Arts &amp; Crafts Social          3:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Happy Hour Spelling Bee Challenge          6:30 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Night Owl Prize Bingo</p>	<p style="text-align: center;">17</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Yoga with Cheryl</b>  <b>11:30 <span style="background-color: #000080; color: white; padding: 2px;">LO</span> Lunch Outing with The Culinary Cruiser</b>          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          1:30 <span style="background-color: #90EE90; color: white; padding: 2px;">TR</span> Room Visits with The Wandering Wagon          2:00 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Golden Age Comedy Hour: Johnny Carson          3:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Wheel Trivia Challenge          6:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Concerts &amp; Cordials: Chicago</p>	<p style="text-align: center;">18</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>11:00 <span style="background-color: #000080; color: white; padding: 2px;">AT</span> Meditation Yoga with Magi</b>          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games  <b>1:30 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Book Club Book Exchange</b>          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch  <b>2:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Paint with Karin</b>          3:30 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Sweet Treat Bingo  <b>6:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Casino Night</b></p>	<p style="text-align: center;">19</p> <p><b>Juneteenth</b>          10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>10:30 <span style="background-color: #000080; color: white; padding: 2px;">LO</span> Resident Choice Trip</b>          11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Morning Motion          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games: False or Fact  <b>11:30 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Men's Luncheon</b>          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          2:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Nail Polish Painting Party          2:00 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Weekly Documentary Series: Remembering Gene Wilder  <b>3:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Happy Hour with Entertainment by Frankie M</b></p>	<p style="text-align: center;">20</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation          11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Walking Club with the Sunshine Strollers          11:00 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Wellness Workout Video          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          1:30 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Weekend Movie Premiere          2:30 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Bingo Extravaganza  <b>4:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Catholic Mass with Farther Brennan</b></p>
<p style="text-align: center;">21</p> <p><b>Father's Day</b>          10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More  <b>10:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Donuts with Dad</b>          11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games: Inventors Trivia          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          2:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Walking Club with the Sunshine Strollers          3:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Sunday Bingo Marathon          3:30 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Sunday Movie Matinee</p>	<p style="text-align: center;">22</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Pinnacle Fitness Class</b>          11:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> The Crochet Club          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch  <b>2:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> St. Denis Communion Services</b>          3:30 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Yahtzee Happy Hour          6:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Monday Night Jeopardy with Sandi</p>	<p style="text-align: center;">23</p> <p><b>10:00 <span style="background-color: #000080; color: white; padding: 2px;">LO</span> Book Club Trip to Library</b>          10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation          11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Functional Fitness          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games: Unscramble the Word          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          2:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Let's Create! Arts &amp; Crafts Social          3:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Hole In One Happy Hour          6:30 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Night Owl Prize Bingo</p>	<p style="text-align: center;">24</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Yoga with Cheryl</b>  <b>1:00 <span style="background-color: #000080; color: white; padding: 2px;">LO</span> Spring Lake Garden Tour</b>          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          1:30 <span style="background-color: #90EE90; color: white; padding: 2px;">TR</span> Room Visits with The Wandering Wagon          2:00 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Golden Age Comedy Hour: Car 54          3:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Card Castle Challenge          6:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Concerts &amp; Cordials: Cher</p>	<p style="text-align: center;">25</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>11:00 <span style="background-color: #000080; color: white; padding: 2px;">AT</span> Meditation Yoga with Magi</b>          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch  <b>2:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Memorial Service with Father Brennan</b>          3:30 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Sweet Treat Bingo          6:30 <span style="background-color: #008000; color: white; padding: 2px;">CY</span> Lemonade and Games on the Patio</p>	<p style="text-align: center;">26</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>10:30 <span style="background-color: #000080; color: white; padding: 2px;">LO</span> Resident Choice Trip</b>          11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Morning Motion          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games: Who, What, Where          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          2:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Nail Polish Painting Party          2:00 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Weekly Documentary Series: Seaspracy          3:30 <span style="background-color: #008000; color: white; padding: 2px;">CY</span> Cornhole &amp; Cocktails</p>	<p style="text-align: center;">27</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation          11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Walking Club with the Sunshine Strollers          11:00 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Wellness Workout Video          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          1:30 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Weekend Movie Premiere          2:30 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Bingo Extravaganza</p>
<p style="text-align: center;">28</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More  <b>10:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Catholic Mass with Father Brennan</b>          11:30 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Brain Games: Word In a Word          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch          2:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Walking Club with the Sunshine Strollers          3:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> Sunday Bingo Marathon          3:30 <span style="background-color: #FFD700; color: white; padding: 2px;">TV</span> Sunday Movie Matinee</p>	<p style="text-align: center;">29</p> <p>10:00 <span style="background-color: #DDA0DD; color: white; padding: 2px;">GS</span> Chronicles, Puzzles and More          10:00 <span style="background-color: #000080; color: white; padding: 2px;">CR</span> Coffee &amp; Conversation  <b>11:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> Pinnacle Fitness Class</b>          11:00 <span style="background-color: #800000; color: white; padding: 2px;">ST</span> The Crochet Club          1:30 <span style="background-color: #000080; color: white; padding: 2px;">PO</span> Music on the Front Porch  <b>2:00 <span style="background-color: #008000; color: white; padding: 2px;">LR</span> St</b></p>					



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