

Sunday

Monday

Tuesday

Wednesday

Thursday

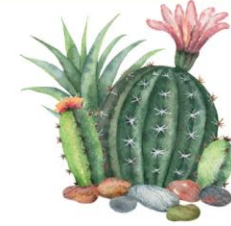
Friday

Saturday



August 2026

Sunnyside Manor



Morning Activities 2 Good Morning Welcome 10:30am: Catholic Mass in AL Spiritual Reflections Rise & Shine Stretching Afternoon Programs Whiteboard Fun This Week in History Top10 Answers Sandcastle Creative Corner Sunday Movie Matinee	Morning Activities 3 Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia Afternoon Programs Active Group Game Watermelon Treat 2:30pm: Create with Karin Good Old Days Sing Along Aromatherapy & Relaxation	Morning Activities 4 Coffee & Golden Giggle Hour Move & Groove Exercises Group Game Challenge Joggin' Your Noggin Afternoon Programs You Be The Judge Chocolate Chip Tasting Social & Bingo Hour Reminiscing & Story Circle Crafting Corner Evening Reflections	Morning Activities 5 Rise & Shine Coffee Hour Gentle Body Building Exercises Nature Connections Brain Training Trivia Lunch Trip Afternoon Programs Who? What? Where? When? 2:30pm: Mindfulness with Cheryl Afternoon Sweet Tea Social Historical Figures Relax & Unwind	Morning Activities 6 Coffee & Donuts Social Rhythmic Exercises Picture This! Word Games Afternoon Programs Let's Make a List 2:30pm: Dance with Magi Root Beer Float & Nail Painting Party Nick at Night Café Quiet Moments	Morning Activities 7 Daily Warm Up & Coffee Chat Active Circle Games Functional Exercises Whiteboard Fun Afternoon Programs 1:30pm: Music by Zack Alexander Armchair Travel Match Game Bingo Karaoke Sing Along The Comfort Corner	Morning Activities 8 Weekend Welcome Coffee Chat Stretch & Smile Sensory Exploration Story Share Afternoon Programs Weekend Movie Matinee & Ice Cream Sundae Treats Let's Make a List Community Connections Guided Meditation
Morning Activities 9 Good Morning Welcome 10:30am: Catholic Mass in AL Spiritual Reflections Rise & Shine Stretching Afternoon Programs Whiteboard Fun This Week in History Top10 Answers Creative Corner Sunday Movie Matinee	Morning Activities 10 Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia 11am: Music by Guy & Grace Afternoon Programs 1:30pm: Communion with Father Bill Active Group Game 2:30pm: Yoga with Karin Good Old Days Sing Along & S'mores Treat Aromatherapy & Relaxation	Morning Activities 11 Coffee & Golden Giggle Hour Move & Groove Exercises Group Game Challenge Joggin' Your Noggin Afternoon Programs You Be The Judge Snack Social & Bingo Hour Spa Day & Story Circle Crafting Corner Evening Reflections	Morning Activities 12 Rise & Shine Coffee Hour Gentle Body Building Exercises Nature Connections Brain Training Trivia Afternoon Programs 1:30pm: Mindfulness with Cheryl Who? What? Where? When? Afternoon Sweet Tea Social Historical Figures Relax & Unwind	Morning Activities 13 Coffee & Donuts Social Rhythmic Exercises Picture This! Word Games Afternoon Programs 1pm: Music by Lou B. 2:30pm: Dance with Magi Nail Painting Party Nick at Night Café Quiet Moments	Morning Activities 14 Daily Warm Up & Coffee Chat Active Circle Games Functional Exercises Whiteboard Fun 11am: Music by Dan Herrmann Afternoon Programs Armchair Travel Match Game Bingo Karaoke Sing Along The Comfort Corner	Morning Activities 15 Weekend Welcome Coffee Chat Stretch & Smile Sensory Exploration Story Share Afternoon Programs Weekend Movie Matinee Let's Make a List Community Connections Guided Meditation
Morning Activities 16 Good Morning Welcome 10:30am: Catholic Mass in AL Spiritual Reflections Rise & Shine Stretching Afternoon Programs Whiteboard Fun This Week in History Top10 Answers Creative Corner Sunday Movie Matinee	Morning Activities 17 Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia Afternoon Programs 1:30pm: Music by Ken Johnstone 2:30pm: Create with Karin Good Old Days Sing Along Aromatherapy & Relaxation	Morning Activities 18 Coffee & Golden Giggle Hour Move & Groove Exercises Group Game Challenge Joggin' Your Noggin Afternoon Programs You Be The Judge Snack Social & Bingo Hour Reminiscing & Story Circle Crafting Corner Evening Reflections	Morning Activities 19 Rise & Shine Coffee Hour Gentle Body Building Exercises Nature Connections Brain Training Trivia Scenic Ride Afternoon Programs Who? What? Where? When? 2pm: Ice Cream Social 2:30pm: Mindfulness with Cheryl Historical Figures Relax & Unwind	Morning Activities 20 Coffee & Donuts Social Rhythmic Exercises Picture This! Word Games Afternoon Programs Let's Make a List 2:30pm: Dance with Magi Nail Painting Party Nick at Night Café Quiet Moments	Morning Activities 21 Daily Warm Up & Coffee Chat Active Circle Games Functional Exercises Whiteboard Fun Afternoon Programs 1pm: Music by Jerry Costaldo Armchair Travel Match Game Bingo Karaoke Sing Along The Comfort Corner	Morning Activities 22 Weekend Welcome Coffee Chat Stretch & Smile Sensory Exploration Folklore Story Share Afternoon Programs Weekend Movie Matinee Let's Make a List Community Connections Guided Meditation
Morning Activities 23 Good Morning Welcome 10:30am: Catholic Mass in AL Spiritual Reflections Rise & Shine Stretching Afternoon Programs Whiteboard Fun This Week in History Top10 Answers Creative Corner Sunday Movie Matinee	Morning Activities 24 Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia Afternoon Programs Active Group Game 2:30pm: Yoga with Karin Good Old Days Sing Along Aromatherapy & Relaxation	Morning Activities 25 Coffee & Golden Giggle Hour Move & Groove Exercises Group Game Challenge Joggin' Your Noggin Afternoon Programs You Be The Judge Snack Social & Bingo Hour Reminiscing & Story Circle Crafting Corner Evening Reflections	Morning Activities 26 Rise & Shine Coffee Hour Gentle Body Building Exercises Nature Connections Brain Training Trivia Afternoon Programs 1:30pm: Mindfulness with Cheryl Who? What? Where? When? Afternoon Sweet Tea Social Historical Figures Relax & Unwind	Morning Activities 27 Coffee & Donuts Social Rhythmic Exercises Picture This! Word Games Afternoon Programs Boardwalk Pier Lunch-in 2:30pm: Dance with Magi Nail Painting Party Nick at Night Café Quiet Moments	Morning Activities 28 Daily Warm Up & Coffee Chat Active Circle Games Functional Exercises Whiteboard Fun 11am: Music by John Heiserman Afternoon Programs Armchair Travel Match Game Bingo Karaoke Sing Along The Comfort Corner	Morning Activities 29 Weekend Welcome Coffee Chat Stretch & Smile Sensory Exploration Story Share Afternoon Programs Weekend Movie Matinee Let's Make a List Community Connections Guided Meditation
Morning Activities 30 Good Morning Welcome 10:30am: Catholic Mass in AL Spiritual Reflections Rise & Shine Stretching Afternoon Programs Whiteboard Fun This Week in History Top10 Answers Creative Corner Sunday Movie Matinee	Morning Activities 31 Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia Afternoon Programs Active Group Game 2:30pm: Create with Karin Good Old Days Sing Along Aromatherapy & Relaxation					

Recollections

*Please note all activities are subject to change. *Sensory Programs & Room Visits are provided daily. • Sunnyside Manor • 2500 Ridgewood Rd, Wall, NJ 07719 •