

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026

Sunnyside Manor

August 2026 Sunnyside Manor						9:30am: Daily Deliveries 10am: Weekend Welcome & Coffee Chat 10:30am: Classic Sitcoms 11am: Happy Feet Fitness 1:30pm: Saturday Movie Matinee & Manicures 2:30pm: Traveling Concession Cart 4pm: Personal Connections
9:30am: Daily Deliveries 10am: Coffee & Chat 11am: Streaming Catholic Mass 1:30pm: Afternoon Stretches 2pm: Snack, Chat & Trivia 3pm: Bingo Bonanza 4pm: Personal Connections	9:30am: Daily Deliveries 10am: Weekly Welcome & Coffee Chat 10:30am: Sensory, Sorting, Matching & Folding 11am: Stretch & Smile 1:30pm: Armchair Travel 2pm: Catholic Mass 2:30pm: Friendly Competitions 3:30pm: Cards & Coloring 6pm: Traveling Activity Cart	9:30am: Daily Deliveries 10am: Morning Welcome & Coffee Chat 10:30am: Sensory Music & Memories 10:45am: Yoga with Karin 1:30pm: Riddles & Brain Teasers 2pm: Prize Bingo 3:30pm: Group Party Games 6pm: Whiteboard Fun	9:30am: Daily Deliveries 10am: Coffee & Bingo Hour 10:30am: Sensory for the Senses 11am: Functional Fitness 1:30pm: Mindfulness with Cheryl 2:30pm: Creative Corner 3:30pm: Never too late to learn 6pm: Night Owl Bingo	9:30am: Daily Deliveries 10am: Rise & Shine Hour with Coffee & Donuts 10:30am: Sensory Reminiscing 11am: Rhythmic Exercises 1:30pm: You Be The Judge 2pm: Paint with Karin 3:30pm: Dance with Magi 6pm: Card Games	9:30am: Daily Deliveries 10am: Coffee & Laughs 10:30am: Sensory Picture Pages 11am: Dance Party Exercises 2pm: Sharing Memories & Life Stories Social 3pm: Music by Zack Alexander 4pm: Would you Rather?	9:30am: Daily Deliveries 10am: Weekend Welcome & Coffee Chat 10:30am: Classic Sitcoms 11am: Happy Feet Fitness 1:30pm: Saturday Movie Matinee & Manicures 2:30pm: Traveling Concession Cart 4pm: Personal Connections
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*Please note all activities are subject to change. *Sensory Programs & Room Visits are provided daily. • Sunnyside Manor • 2500 Ridgewood Rd, Wall, NJ 07719 •