

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2026

Recollections

Morning Activities 9am-12:30pm: Vintage Car Show Good Morning Welcome 10:30am: Catholic Mass in AL Spiritual Reflections Rise & Shine Stretching Afternoon Programs Whiteboard Fun This Week in History Top10 Answers Creative Corner Sunday Movie Matinee	Morning Activities Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia Afternoon Programs 1:30pm: Communion Svc. 2:30pm: Create with Karin Good Old Days Sing Along Aromatherapy & Relaxation	Morning Activities Coffee & Golden Giggle Hour Move & Groove Exercises Group Game Challenge Joggin' Your Noggin 11am: Creative Flower Arranging with Heidi Afternoon Programs You Be The Judge Bingo Hour Food Tasting Social Evening Reflections	Morning Activities Rise & Shine Coffee Hour Body Building Exercises Nature Connections Brain Training Trivia Afternoon Programs 1:30pm: Mindfulness with Cheryl Who? What? Where? When? Afternoon Sweet Tea Social Historical Figures Relax & Unwind	Morning Activities Coffee & Donuts Social Rhythmic Exercises Picture This! Word Games 11am: Music by Angela Afternoon Programs Let's Make a List 2:30pm: Dance with Magi Nail Painting Party Nick at Night Café Quiet Moments	Morning Activities Daily Warm Up & Coffee Chat Active Circle Games Functional Exercises Whiteboard Fun Afternoon Programs Armchair Travel 2pm: Music by Lisa & Joey Bingo Party The Comfort Corner	Morning Activities Weekend Welcome Coffee Chat Stretch & Smile Sensory Exploration Story Share Afternoon Programs Weekend Movie Matinee Let's Make a List Crafting Corner Guided Meditation Simchat Torah Begins
Morning Activities 9am-12:30pm: Vintage Car Show Good Morning Welcome 10:30am: Catholic Mass in AL Spiritual Reflections Rise & Shine Stretching Afternoon Programs Whiteboard Fun This Week in History Top10 Answers Creative Corner Sunday Movie Matinee	Morning Activities Coffee Chat Happy Feet Fitness Finish the Line World Trivia Afternoon Programs Active Group Game 2:30pm: Yoga with Karin Good Old Days Sing Along Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	Morning Activities Coffee & Golden Giggle Hour Move & Groove Exercises Group Game Challenge Joggin' Your Noggin Afternoon Programs You Be The Judge Bingo Hour Food Tasting Social Evening Reflections	Morning Activities Rise & Shine Coffee Hour Body Building Exercises Nature Connections Brain Training Trivia 11am: Lunch Outing Afternoon Programs Who? What? Where? When? 2:30pm: Mindfulness with Cheryl Afternoon Sweet Tea Social Historical Figures Relax & Unwind	Morning Activities Coffee & Donuts Social Rhythmic Exercises Picture This! Word Games Afternoon Programs Let's Make a List 2:30pm: Dance with Magi Nail Painting Party Nick at Night Café Quiet Moments	Morning Activities Daily Warm Up & Coffee Chat Active Circle Games Functional Exercises Whiteboard Fun Afternoon Programs Armchair Travel 2pm: Music by Zack A. Bingo Party The Comfort Corner	Morning Activities Weekend Welcome Coffee Chat Stretch & Smile Sensory Exploration Story Share Afternoon Programs Weekend Movie Matinee Let's Make a List Pumpkin Painting Guided Meditation
Morning Activities Good Morning Welcome 10:30am: Catholic Mass in AL Spiritual Reflections Rise & Shine Stretching Afternoon Programs Whiteboard Fun This Week in History Top10 Answers Creative Corner Sunday Movie Matinee	Morning Activities Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia Afternoon Programs Active Group Game 2:30pm: Create with Karin Good Old Days Sing Along Aromatherapy & Relaxation	Morning Activities Coffee Hour Move & Groove Exercises Group Game Challenge Joggin' Your Noggin 11am: Music by John H. Afternoon Programs You Be The Judge 2pm: Golden Zumba with Dina Bingo Hour Food Tasting Social Evening Reflections	Morning Activities Rise & Shine Coffee Hour Body Building Exercises Nature Connections Brain Training Trivia Afternoon Programs 1:30pm: Mindfulness with Cheryl Who? What? Where? When? Afternoon Sweet Tea Social Historical Figures Relax & Unwind	Morning Activities Coffee & Donuts Social Rhythmic Exercises Picture This! Word Games 12pm: San Gennaro Lunch Feast Afternoon Programs Let's Make a List 2:30pm: Dance with Magi Nail Painting Party Nick at Night Café Quiet Moments	Morning Activities Daily Warm Up & Coffee Chat Active Circle Games Functional Exercises Whiteboard Fun Afternoon Programs Armchair Travel 2pm: Music by Chuck B. Bingo Party The Comfort Corner	Morning Activities Weekend Welcome Coffee Chat Stretch & Smile Sensory Exploration Story Share Afternoon Programs Weekend Movie Matinee Let's Make a List Annual Scarecrow Stuffing Party Guided Meditation
Morning Activities Good Morning Welcome 10:30am: Catholic Mass in AL Spiritual Reflections Rise & Shine Stretching Afternoon Programs Whiteboard Fun This Week in History Top10 Answers Creative Corner Sunday Movie Matinee	Morning Activities Weekly Welcome Coffee Chat Happy Feet Fitness Finish the Line World Trivia Afternoon Programs Active Group Game 2:30pm: Yoga with Karin Good Old Days Sing Along Aromatherapy & Relaxation	Morning Activities Coffee & Golden Giggle Hour Move & Groove Exercises Group Game Challenge Joggin' Your Noggin Afternoon Programs You Be The Judge Bingo Hour Food Tasting Social Evening Reflections	Morning Activities Rise & Shine Coffee Hour Body Building Exercises Nature Connections Brain Training Trivia 11am: Scenic Ride Afternoon Programs Who? What? Where? When? 2:30pm: Mindfulness with Cheryl Afternoon Sweet Tea Social Historical Figures Relax & Unwind	Morning Activities Coffee & Donuts Social Rhythmic Exercises Picture This! Word Games Afternoon Programs 1:30pm: Halloween Hootenanny with Music by Ken 2:30pm: Dance with Magi Nail Painting Party Nick at Night Café Quiet Moments	Morning Activities Daily Warm Up & Coffee Chat Active Circle Games Functional Exercises Whiteboard Fun Afternoon Programs Armchair Travel Karaoke Sing Along Bingo Party 3:30pm: Girl Scout Halloween Parade The Comfort Corner	Morning Activities Weekend Welcome Coffee Chat Stretch & Smile Sensory Exploration Story Share Afternoon Programs Weekend Movie Matinee Let's Make a List Crafting Corner Guided Meditation Halloween

*Please note all activities are subject to change. *Sensory Programs & Room Visits are provided daily. • Sunnyside Manor • 2500 Ridgewood Rd, Wall, NJ 07719 •