

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

Skilled Nursing

				9:30am: Daily Deliveries 10am: Morning Welcome & Coffee Chat 10:30am: Sensory Reminiscing 11am: Rhythmic Exercises 1:30pm: TV Quiz Game 2pm: Music by Angela 3:30pm: Dance with Magi 6pm: Card & Game Play	9:30am: Daily Deliveries 10am: Coffee & Laughs 10:30am: Sensory Picture Pages 11am: Dance Party Exercises 1:30pm: Let's Make a List 2pm: Music by Lisa & Joey 3pm: Jeopardy Fun 4pm: Finish the Line	9:30am: Daily Deliveries 10am: Weekend Welcome & Coffee Chat 10:30am: Classic Sitcoms 11am: Happy Feet Fitness 1:30pm: Saturday Movie Matinee & Manicures 2:30pm: Traveling Concession Cart 4pm: Personal Connections Simchat Torah Begins
9am-12:30pm: Vintage Car Show 9:30am: Daily Deliveries 10am: Coffee & Chat 11am: Streaming Catholic Mass 1:30pm: Afternoon Stretches 2pm: Snack, Chat & Trivia 3pm: Bingo Bonanza 4pm: Personal Connections	9:30am: Daily Deliveries 10am: Weekly Welcome & Coffee Chat 10:30am: Sensory, Sorting, Matching & Folding 11am: Stretch & Smile 1:30pm: Armchair Travel 2pm: Communion Services 2:30pm: Friendly Competitions 3:30pm: Cards & Coloring	9:30am: Daily Deliveries 10am: Coffee, Donuts & BINGO 10:30am: Sensory Music & Memories 10:45am: Yoga with Karin 1:30pm: Riddles & Brain Teasers 2pm: Creative Flower Arrangements with Heidi 3:30pm: Group Games 6pm: Crossword Puzzles	9:30am: Daily Deliveries 10am: Rise & Shine Coffee Hour 10:30am: Sensory for the Senses 11am: Functional Fitness 11:30am: Lunch Outing 1:30pm: Never too late to learn 2:30pm: Mindfulness with Cheryl 3:30pm: Whiteboard Fun 6pm: Night Owl Bingo	9:30am: Daily Deliveries 10am: Morning Welcome & Coffee Chat 10:30am: Sensory Reminiscing 11am: Rhythmic Exercises 1:30pm: TV Quiz Game 2pm: Paint with Karin 3:30pm: Dance with Magi 6pm: Card & Game Play	9:30am: Daily Deliveries 10am: Coffee & Laughs 10:30am: Sensory Picture Pages 11am: Dance Party Exercises 1:30pm: Let's Make a List 2pm: Music by Jerry C. 3pm: Jeopardy Fun 4pm: Finish the Line	9:30am: Daily Deliveries 10am: Weekend Welcome & Coffee Chat 10:30am: Classic Sitcoms 11am: Happy Feet Fitness 1:30pm: Saturday Movie Matinee & Manicures 2:30pm: Traveling Concession Cart 4pm: Personal Connections
9:30am: Daily Deliveries 10am: Coffee & Chat 11am: Streaming Catholic Mass 1:30pm: Afternoon Stretches 2pm: Snack, Chat & Trivia 3pm: Bingo Bonanza 4pm: Personal Connections	9:30am: Daily Deliveries 10am: Weekly Welcome & Coffee Chat 10:30am: Sensory, Sorting, Matching & Folding 11am: Stretch & Smile 1:30pm: Armchair Travel 2pm: Music by Guy & Grace 3:30pm: Cards & Coloring Indigenous Peoples' Day (U.S.) Thanksgiving Day (Canada)	9:30am: Daily Deliveries 10am: Coffee, Donuts & BINGO 10:30am: Sensory Music & Memories 10:45am: Yoga with Karin 1:30pm: Riddles & Brain Teasers 2pm: Creative Corner Pumpkin Painting 3:30pm: Group Games 6pm: Crossword Puzzles	9:30am: Daily Deliveries 10am: Rise & Shine Coffee Hour 10:30am: Sensory for the Senses 11am: Functional Fitness 1:30pm: Mindfulness with Cheryl 2:30pm: Whiteboard Fun 3:30pm: Never too late to learn 6pm: Night Owl Bingo	9:30am: Daily Deliveries 10am: Morning Welcome & Coffee Chat 10:30am: Sensory Reminiscing 11am: Rhythmic Exercises 1:30pm: TV Quiz Game 2pm: Bingo 3:30pm: Dance with Magi 6pm: Card & Game Play	9:30am: Daily Deliveries 10am: Coffee & Laughs 10:30am: Sensory Picture Pages 11am: Dance Party Exercises 1:30pm: Let's Make a List 2pm: Music by Zack Alexander 3pm: Jeopardy Fun 4pm: Finish the Line	9:30am: Daily Deliveries 10am: Weekend Welcome & Coffee Chat 10:30am: Classic Sitcoms 11am: Happy Feet Fitness 1:30pm: Saturday Movie Matinee & Manicures 2:30pm: Traveling Concession Cart 4pm: Personal Connections
9:30am: Daily Deliveries 10am: Coffee & Chat 11am: Streaming Catholic Mass 1:30pm: Afternoon Stretches 2pm: Snack, Chat & Trivia 3pm: Bingo Bonanza 4pm: Personal Connections	9:30am: Daily Deliveries 10am: Weekly Welcome & Coffee Chat 10:30am: Sensory, Sorting, Matching & Folding 11am: Stretch & Smile 1:30pm: Armchair Travel 2pm: Catholic Mass 2:30pm: Friendly Competitions 3:30pm: Cards & Coloring	9:30am: Daily Deliveries 10am: Coffee, Donuts & BINGO 10:30am: Sensory Music & Memories 10:45am: Yoga with Karin 1:30pm: Riddles & Brain Teasers 2pm: Music by John Heiserman 3pm: Creative Corner 6pm: Crossword Puzzles	9:30am: Daily Deliveries 10am: Rise & Shine Coffee Hour 10:30am: Sensory for the Senses 11am: Functional Fitness 11:30am: Lunch Outing 1:30pm: Never too late to learn 2:30pm: Mindfulness with Cheryl 3:30pm: Whiteboard Fun 6pm: Night Owl Bingo	9:30am: Daily Deliveries 10am: Morning Welcome & Coffee Chat 10:30am: Sensory Reminiscing 11am: Rhythmic Exercises 11:30am: San Gennaro Feast 1:30pm: TV Quiz Game 2pm: Create with Karin 3:30pm: Dance with Magi 6pm: Card & Game Play	9:30am: Daily Deliveries 10am: Coffee & Laughs 10:30am: Sensory Picture Pages 11am: Dance Party Exercises 1:30pm: Let's Make a List 2pm: Music by Chuck Broadbent 3pm: Jeopardy Fun 4pm: Finish the Line	9:30am: Daily Deliveries 10am: Weekend Welcome & Coffee Chat 10:30am: Classic Sitcoms 11am: Happy Feet Fitness 1:30pm: Saturday Movie Matinee & Manicures 2:30pm: Traveling Concession Cart 4pm: Personal Connections
9:30am: Daily Deliveries 10am: Coffee & Chat 11am: Streaming Catholic Mass 1:30pm: Afternoon Stretches 2pm: Snack, Chat & Trivia 3pm: Bingo Bonanza 4pm: Personal Connections	9:30am: Daily Deliveries 10am: Weekly Welcome & Coffee Chat 10:30am: Sensory, Sorting, Matching & Folding 11am: Stretch & Smile 1:30pm: Armchair Travel 2pm: Communion Services 2:30pm: Resident Council Meeting 2:30pm: Friendly Competitions 3:30pm: Cards & Coloring	9:30am: Daily Deliveries 10am: Coffee, Donuts & BINGO 10:30am: Sensory Music & Memories 10:45am: Yoga with Karin 1:30pm: Riddles & Brain Teasers 2pm: Annual Scarecrow Stuffing Party 3:30pm: Group Games 6pm: Crossword Puzzles	9:30am: Daily Deliveries 10am: Rise & Shine Coffee Hour 10:30am: Sensory for the Senses 11am: Functional Fitness 1:30pm: Mindfulness with Cheryl 2:30pm: Whiteboard Fun 3:30pm: Never too late to learn 6pm: Night Owl Bingo	9:30am: Daily Deliveries 10am: Morning Welcome & Coffee Chat 10:30am: Sensory Reminiscing 11am: Rhythmic Exercises 1:30pm: TV Quiz Game 2pm: Halloween Hootenanny 3:30pm: Dance with Magi 6pm: Card & Game Play	9:30am: Daily Deliveries 10am: Coffee & Laughs 10:30am: Sensory Picture Pages 11am: Dance Party Exercises 1:30pm: Let's Make a List 2pm: Spelling Bee 3pm: Jeopardy Fun 3:30pm: Girl Scouts Halloween Parade 4pm: Finish the Line	9:30am: Daily Deliveries 10am: Weekend Welcome & Coffee Chat 10:30am: Classic Sitcoms 11am: Happy Feet Fitness 1:30pm: Saturday Movie Matinee & Manicures 2:30pm: Traveling Concession Cart 4pm: Personal Connections Halloween

*Please note all activities are subject to change. *Sensory Programs & Room Visits are provided daily. • Sunnyside Manor • 2500 Ridgewood Rd, Wall, NJ 07719 •